

COMMUNITY EMPOWERMENT WORKSHOP SERIES



for 24:1 residents

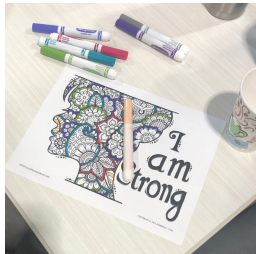
Missing the opportunity for good conversation with your neighbors? Join us for live table talk around our Zoom table...

Tuesday evenings or Thursday mornings

You're invited to all 3 sessions
Pick the time that works best for you!

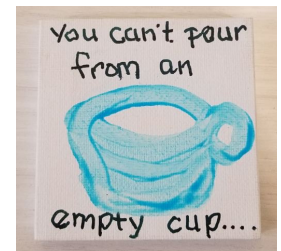
Session 1: Self Care is the Best Care

June 2 (6 p.m. - 7 p.m.) or
June 4 (11 a.m. - 12 p.m.)



Session 2: Know Thyself - We're More than Our Experiences

June 9 (6 p.m. - 7 p.m.) or
June 11 (11 a.m. - 12 p.m.)



Session 3: Together We Triumph Over Trauma - Collaborative Community Change

June 16 (6 p.m. - 7 p.m.) or
June 18 (11 a.m. - 12 p.m.)



Space is limited! RSVP at <https://bit.ly/3cYf8lk>

Questions? Call Vontrice L. McDowell at
(314)898-4049 ext. 703